

HS³TM Bingo



Turn off the lights when you leave a room =energy savings	Eat 5 servings of fruits or vegetables each day	Bike or walk to school or work 1 day a week	Power Shower Shorten your shower to 5 minutes instead of 10 minutes	Turn off the water while you brush your teeth
Install a low-flow shower head in your bathroom Shower	Trade out some light bulbs to compact fluorescent light bulbs	Recycle your soda cans, newspapers, plastic bags	Use a canvas shopping bags instead of paper or plastic at the grocery store	Only run the dishwasher when it has a full load
Hang your clothes on the clothes line to dry	Reduce water flow by putting an aerator on the kitchen faucet	Free Space HS ³ TM	Turn down the heat 1 degree and wear a sweater and socks if cold	Wash clothing in cold water cycles
Plant a tomato plant & enjoy the fresh tomatoes	Plant some flowers 	Only water your lawn and plants in early morning or evening	Put away the leaf blower and use a broom to sweep the walk	Put away the leaf blower and use a rake to clean up the lawn
Mulch your grass clippings & use a push mower	Start a neighborhood cleanup day	Shut off your computer when not in use	Attach electronics like TV and computers to power cords & shut off the power cord	Donate to a non-profit thrift store-share your not-in-use clothing items

